



THREE SECRETS TO AFTER DEATH COMMUNICATION

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**SOCIETY
FOR
SCIENTIFIC
EXPLORATION**

1
00:00:08,980 --> 00:00:04,630
hi I'm Anne Salisbury and you can find

2
00:00:11,230 --> 00:00:08,990
me at go intuition dot-com or our school

3
00:00:18,130 --> 00:00:11,240
is that transpersonal hypnotherapy

4
00:00:21,339 --> 00:00:18,140
dot-com and today I'm fly bliss so I am

5
00:00:24,730 --> 00:00:21,349
here to share the three secrets for

6
00:00:26,650 --> 00:00:24,740
after death communication and basically

7
00:00:31,210 --> 00:00:26,660
you may ask how can I possibly know

8
00:00:33,790 --> 00:00:31,220
these secrets and I've been in private

9
00:00:38,400 --> 00:00:33,800
practice since 1987

10
00:00:40,720 --> 00:00:38,410
seeing clients as a clairvoyant a medium

11
00:00:42,720 --> 00:00:40,730
psychotherapist and intuitive business

12
00:00:45,180 --> 00:00:42,730
consultant and I've helped people

13
00:00:48,759 --> 00:00:45,190

communicate with those on the other side

14

00:00:52,779 --> 00:00:48,769

for emotional healing and transformation

15

00:01:00,340 --> 00:00:52,789

that's what interests me the most when I

16

00:01:02,259 --> 00:01:00,350

was a child I experienced a lot that

17

00:01:05,440 --> 00:01:02,269

other people around me didn't seem to

18

00:01:08,980 --> 00:01:05,450

see and when I would go upstairs at

19

00:01:11,950 --> 00:01:08,990

night to bed I would have to pass the

20

00:01:14,680 --> 00:01:11,960

landing and then go up to my bedroom and

21

00:01:17,500 --> 00:01:14,690

every night I did this I would sense an

22

00:01:20,170 --> 00:01:17,510

energy there that was a woman staring

23

00:01:26,290 --> 00:01:20,180

out the back window to the park behind

24

00:01:28,540 --> 00:01:26,300

our house and that freaked me out so I

25

00:01:31,090 --> 00:01:28,550

asked my mother what about this woman

26
00:01:36,120 --> 00:01:31,100
who is standing on our landing and she

27
00:01:39,880 --> 00:01:36,130
said what woman so I decided okay either

28
00:01:41,890 --> 00:01:39,890
I'm strange or they're strange but

29
00:01:46,540 --> 00:01:41,900
something's not working here so I'm just

30
00:01:49,990 --> 00:01:46,550
gonna be quiet so I did my best to push

31
00:01:53,110 --> 00:01:50,000
it down and fit in but as you know you

32
00:01:56,830 --> 00:01:53,120
can't hold a ball under the water very

33
00:02:03,690 --> 00:01:56,840
long it will bounce back up so I ended

34
00:02:08,109 --> 00:02:03,700
up continuing then later to meditate and

35
00:02:12,759 --> 00:02:08,119
access those on the other side and what

36
00:02:15,050 --> 00:02:12,769
I realized was it was so important your

37
00:02:19,880 --> 00:02:15,060
belief system what you believe

38
00:02:23,110 --> 00:02:19,890

right so when I was a child I believed I

39

00:02:27,110 --> 00:02:23,120

sense this energy this was scary to me

40

00:02:30,199 --> 00:02:27,120

but I didn't know how to look at it I

41

00:02:32,750 --> 00:02:30,209

questioned myself I doubted myself but

42

00:02:35,059 --> 00:02:32,760

when I get older the people at the end

43

00:02:37,309 --> 00:02:35,069

of our block they took the cannonball

44

00:02:40,309 --> 00:02:37,319

from the back of their yard they found

45

00:02:43,040 --> 00:02:40,319

and they put it on a pedestal and the

46

00:02:45,770 --> 00:02:43,050

city started putting up beautiful signs

47

00:02:48,500 --> 00:02:45,780

around our neighborhood and at the park

48

00:02:50,960 --> 00:02:48,510

saying this was a Civil War battlefield

49

00:02:53,630 --> 00:02:50,970

so then I put two and two together

50

00:02:56,809 --> 00:02:53,640

the women I was seeing on the landing

51
00:02:59,390 --> 00:02:56,819
was most likely it felt like somebody

52
00:03:02,600 --> 00:02:59,400
who was waiting for a loved one to

53
00:03:07,160 --> 00:03:02,610
return home who had not returned home so

54
00:03:11,030 --> 00:03:07,170
you could say that my belief was it was

55
00:03:15,140 --> 00:03:11,040
strengthened by the fact that other

56
00:03:19,610 --> 00:03:15,150
people had said okay this was an area of

57
00:03:21,680 --> 00:03:19,620
activity that was not very fun and that

58
00:03:23,150 --> 00:03:21,690
women I couldn't get her to talk to me I

59
00:03:25,039 --> 00:03:23,160
couldn't get her to turn around no

60
00:03:28,509 --> 00:03:25,049
matter what I did so there was a reason

61
00:03:32,930 --> 00:03:28,519
for her fixation so I looked at that

62
00:03:36,590 --> 00:03:32,940
then as the years went on and I opened

63
00:03:39,740 --> 00:03:36,600

my practice I saw a lot of people whose

64

00:03:42,830 --> 00:03:39,750

beliefs completely affected how they

65

00:03:45,590 --> 00:03:42,840

would see or access those on the other

66

00:03:49,069 --> 00:03:45,600

side so for example a couple of years

67

00:03:52,400 --> 00:03:49,079

ago I had a client who really really

68

00:03:54,890 --> 00:03:52,410

wanted to believe that she could contact

69

00:03:57,949 --> 00:03:54,900

the other side so she booked a hotel

70

00:04:01,490 --> 00:03:57,959

room at the Stanley Hotel in Estes Park

71

00:04:04,879 --> 00:04:01,500

the site of Stephen King's book The

72

00:04:08,780 --> 00:04:04,889

Shining have any of you been there yeah

73

00:04:12,440 --> 00:04:08,790

so you know okay so she went through the

74

00:04:15,170 --> 00:04:12,450

midnight Ghost Walk she really wanted to

75

00:04:18,229 --> 00:04:15,180

have an experience and she called me

76

00:04:21,050 --> 00:04:18,239

after that and she said it's terrible I

77

00:04:24,080 --> 00:04:21,060

thought I could have an experience but I

78

00:04:26,930 --> 00:04:24,090

did not see a ghost and apparition

79

00:04:29,480 --> 00:04:26,940

during that Ghost Walk so I think I'm

80

00:04:32,270 --> 00:04:29,490

just not able to do it and I said well

81

00:04:34,580 --> 00:04:32,280

tell me about your experience staying at

82

00:04:38,810 --> 00:04:34,590

the hotel what was that like it was

83

00:04:41,600 --> 00:04:38,820

terrible the hotel I heard footsteps up

84

00:04:44,690 --> 00:04:41,610

and down the hall all night long

85

00:04:50,060 --> 00:04:44,700

kept me up and then the lights went on

86

00:04:54,290 --> 00:04:50,070

and up she's like that hotel I said Tina

87

00:04:56,180 --> 00:04:54,300

I'm calling her Tina Tina maybe what do

88

00:04:59,180 --> 00:04:56,190

you think if those footsteps were

89

00:05:02,150 --> 00:04:59,190

actually you connecting with somebody on

90

00:05:04,700 --> 00:05:02,160

the other side she's like hmm what about

91

00:05:07,730 --> 00:05:04,710

the electricity people on the other side

92

00:05:10,730 --> 00:05:07,740

there's able to affect the electricity a

93

00:05:12,440 --> 00:05:10,740

lot she's like wow really I had an

94

00:05:15,980 --> 00:05:12,450

experience it wasn't a waste of my time

95

00:05:19,400 --> 00:05:15,990

and it's like yeah you did you did great

96

00:05:25,550 --> 00:05:19,410

so she bolstered her belief in being

97

00:05:28,870 --> 00:05:25,560

able to communicate so then she said you

98

00:05:32,990 --> 00:05:28,880

know I I'm thinking back I'm thinking

99

00:05:35,630 --> 00:05:33,000

back and I said what she's like I got

100

00:05:39,020 --> 00:05:35,640

this phone call from my mother recently

101
00:05:41,840 --> 00:05:39,030
I said I thought your mother was dead

102
00:05:44,030 --> 00:05:41,850
she's like yeah yeah she's dead but I

103
00:05:49,040 --> 00:05:44,040
got this phone call so help me

104
00:05:51,050 --> 00:05:49,050
understand and she said well this the

105
00:05:53,360 --> 00:05:51,060
phone rang and I was thinking I was

106
00:05:55,520 --> 00:05:53,370
crazy it must have been me calling my

107
00:05:57,980 --> 00:05:55,530
mother's phone number but I went back

108
00:06:01,840 --> 00:05:57,990
and checked and it was an incoming call

109
00:06:05,350 --> 00:06:01,850
and when I hit redial it went and said

110
00:06:09,230 --> 00:06:05,360
you know this line has been disconnected

111
00:06:11,180 --> 00:06:09,240
so she's like so help me understand I'm

112
00:06:13,340 --> 00:06:11,190
going crazy I wanted to talk to my

113
00:06:15,530 --> 00:06:13,350

mother do you think that could possibly

114

00:06:18,800 --> 00:06:15,540

be my mother trying to contact me I'm

115

00:06:19,790 --> 00:06:18,810

like of course electricity is easy for

116

00:06:26,240 --> 00:06:19,800

them right

117

00:06:29,600 --> 00:06:26,250

so the second secret is contact okay so

118

00:06:32,870 --> 00:06:29,610

you can contact them and they can

119

00:06:34,159 --> 00:06:32,880

contact you you just have to be willing

120

00:06:37,190 --> 00:06:34,169

to look for the signs

121

00:06:39,650 --> 00:06:37,200

so you could say Tina thought that she

122

00:06:40,790 --> 00:06:39,660

was just nuts and you know the phone

123

00:06:42,529 --> 00:06:40,800

call whatever

124

00:06:45,649 --> 00:06:42,539

but when she reflected after she had

125

00:06:48,110 --> 00:06:45,659

more belief then she realized oh my gosh

126

00:06:50,450 --> 00:06:48,120

my mother was trying to contact me

127

00:06:53,570 --> 00:06:50,460

because at that point she was very grief

128

00:06:54,980 --> 00:06:53,580

in a lot of grief and her mother was

129

00:06:57,800 --> 00:06:54,990

there to support her

130

00:07:03,529 --> 00:06:57,810

okay so then on the other side of

131

00:07:05,360 --> 00:07:03,539

contact you can request contact and so

132

00:07:07,279 --> 00:07:05,370

what Tina did was she's like I really

133

00:07:09,110 --> 00:07:07,289

really really want to talk to my mother

134

00:07:11,390 --> 00:07:09,120

more now that I'm feeling better about

135

00:07:13,999 --> 00:07:11,400

myself how can I do this I think what

136

00:07:17,110 --> 00:07:14,009

I'm gonna do is go to the cemetery where

137

00:07:20,240 --> 00:07:17,120

her plot is so she went with her sister

138

00:07:22,040 --> 00:07:20,250

they took a picture when they got when

139

00:07:25,670 --> 00:07:22,050

they looked at the photo they saw this

140

00:07:29,930 --> 00:07:25,680

beautiful light coming in from nowhere

141

00:07:31,939 --> 00:07:29,940

land over on top of the grave and then

142

00:07:34,700 --> 00:07:31,949

another photo there was a beautiful orb

143

00:07:36,589 --> 00:07:34,710

there and she's like oh my gosh do you

144

00:07:40,010 --> 00:07:36,599

think this could be real and it's like

145

00:07:41,779 --> 00:07:40,020

yes this is real that light because we

146

00:07:46,040 --> 00:07:41,789

photographed them too we photographed

147

00:07:49,969 --> 00:07:46,050

orbs that was contact that was her

148

00:07:52,459 --> 00:07:49,979

mother wanting her to know it's okay so

149

00:07:55,640 --> 00:07:52,469

that's the second secret or key element

150

00:07:59,870 --> 00:07:55,650

to connecting with the other side the

151

00:08:03,740 --> 00:07:59,880

third is help okay so a lot of people

152

00:08:05,839 --> 00:08:03,750

come saying I would like to talk to my

153

00:08:08,629 --> 00:08:05,849

mother let's say on the other side

154

00:08:11,869 --> 00:08:08,639

because I understand that I have a bunch

155

00:08:13,909 --> 00:08:11,879

of guides I'm supposed to have guides so

156

00:08:18,140 --> 00:08:13,919

why isn't my mother kicking in and being

157

00:08:21,439 --> 00:08:18,150

my guide now and or why aren't they why

158

00:08:25,219 --> 00:08:21,449

aren't they contacting me so a couple of

159

00:08:29,059 --> 00:08:25,229

years ago had a client who came saying

160

00:08:33,260 --> 00:08:29,069

my daughter just died well she died two

161

00:08:36,290 --> 00:08:33,270

years ago and the issue is that I really

162

00:08:38,089 --> 00:08:36,300

want to talk to my daughter and I am

163

00:08:39,860 --> 00:08:38,099

feeling like something's wrong with me

164

00:08:43,699 --> 00:08:39,870

because my goddaughter has not contacted

165

00:08:50,810 --> 00:08:43,709

me when she was alive we talked to all

166

00:08:58,070 --> 00:08:53,860

and I don't understand something's wrong

167

00:09:02,750 --> 00:08:58,080

so I talked to her daughter we'll call

168

00:09:04,910 --> 00:09:02,760

her sue the daughter and I said you know

169

00:09:08,540 --> 00:09:04,920

what show me where you are what's

170

00:09:12,680 --> 00:09:08,550

happening and Sue showed me this image

171

00:09:16,190 --> 00:09:12,690

of floating over like a freeway a little

172

00:09:18,770 --> 00:09:16,200

freeway and so I asked her mother we'll

173

00:09:21,110 --> 00:09:18,780

call her Sally Sally this is what she's

174

00:09:23,660 --> 00:09:21,120

showing me why did that how does that

175

00:09:27,260 --> 00:09:23,670

make sense for you and she said well she

176

00:09:30,080 --> 00:09:27,270

died in a car accident I said okay well

177

00:09:31,300 --> 00:09:30,090

when I look at her she doesn't know

178

00:09:33,860 --> 00:09:31,310

she's dead

179

00:09:37,010 --> 00:09:33,870

so there's a reason she has not

180

00:09:38,900 --> 00:09:37,020

contacted you so would you like to help

181

00:09:42,740 --> 00:09:38,910

her wake up a little bit on the other

182

00:09:46,310 --> 00:09:42,750

side and Sally's like yes so we worked

183

00:09:49,820 --> 00:09:46,320

with her daughter we allowed her to kind

184

00:09:52,850 --> 00:09:49,830

of realize okay you're dead and here you

185

00:09:53,900 --> 00:09:52,860

can contact your mom like this and by

186

00:09:57,290 --> 00:09:53,910

the end of the session they were

187

00:09:58,190 --> 00:09:57,300

communicating life was good and so you

188

00:10:00,020 --> 00:09:58,200

could say that

189

00:10:03,020 --> 00:10:00,030

Sally helped her daughter on the other

190

00:10:05,090 --> 00:10:03,030

side by waking up by recognizing her

191

00:10:08,960 --> 00:10:05,100

situation and that she could alter it

192

00:10:12,050 --> 00:10:08,970

and then by sue saying to her mom mom

193

00:10:15,170 --> 00:10:12,060

I'm okay I'm sorry I didn't contact you

194

00:10:17,360 --> 00:10:15,180

the last two years I didn't realize I

195

00:10:20,030 --> 00:10:17,370

was dead basically so how would I know

196

00:10:24,920 --> 00:10:20,040

to tell you something I was just in

197

00:10:28,790 --> 00:10:24,930

stasis then there was another client had

198

00:10:31,190 --> 00:10:28,800

recently who will call her Patricia she

199

00:10:33,590 --> 00:10:31,200

wanted to talk to a friend who had died

200

00:10:36,920 --> 00:10:33,600

after a long-term illness all she wanted

201
00:10:40,670 --> 00:10:36,930
to know was is he okay when I checked in

202
00:10:43,100 --> 00:10:40,680
with him he was just floating in the

203
00:10:46,850 --> 00:10:43,110
void it's you could see it like deep

204
00:10:49,640 --> 00:10:46,860
darkness and it had the feeling to me

205
00:10:50,330 --> 00:10:49,650
that he had created this reality through

206
00:10:54,200 --> 00:10:50,340
his beliefs

207
00:10:56,870 --> 00:10:54,210
so I said Patricia do you think your

208
00:10:58,820 --> 00:10:56,880
friend bill might have been an atheist

209
00:11:01,880 --> 00:10:58,830
do you know anything about his religious

210
00:11:03,759 --> 00:11:01,890
beliefs and not that it matters but he

211
00:11:05,319 --> 00:11:03,769
has created a void for himself

212
00:11:08,019 --> 00:11:05,329
which means he didn't have a

213
00:11:11,379 --> 00:11:08,029

preconceived notion of what he wanted to

214

00:11:15,669 --> 00:11:11,389

create so he created this she's like yes

215

00:11:17,290 --> 00:11:15,679

he was cantankerous he was only gonna

216

00:11:18,729 --> 00:11:17,300

talk you know believe in what he

217

00:11:21,189 --> 00:11:18,739

believed himself nobody was going to

218

00:11:23,019 --> 00:11:21,199

tell him what to do I said great well

219

00:11:26,949 --> 00:11:23,029

would you like to help build because

220

00:11:28,889 --> 00:11:26,959

he's just kind of hovering there and he

221

00:11:32,829 --> 00:11:28,899

might want to know he has some options

222

00:11:35,319 --> 00:11:32,839

so she said yes so we mentioned to Bill

223

00:11:37,689 --> 00:11:35,329

hey Bill I wonder if you were to look

224

00:11:41,079 --> 00:11:37,699

around you if you might see any light

225

00:11:43,329 --> 00:11:41,089

anywhere could there possibly be some

226
00:11:46,720 --> 00:11:43,339
and he goes yeah there is some up there

227
00:11:48,609 --> 00:11:46,730
and then we said okay bill so you have

228
00:11:51,759 --> 00:11:48,619
the option you can stay in this darkness

229
00:11:53,949 --> 00:11:51,769
or you can alter it a little bit if you

230
00:11:56,489 --> 00:11:53,959
want to by bringing in some more light

231
00:11:59,319 --> 00:11:56,499
so he decided he'd bring in some light

232
00:12:01,509 --> 00:11:59,329
then we said okay bill what else do you

233
00:12:03,789 --> 00:12:01,519
want to do this is your reality you get

234
00:12:05,859 --> 00:12:03,799
to design it what do you want so he

235
00:12:07,600 --> 00:12:05,869
brought in some trees he brought in some

236
00:12:09,489 --> 00:12:07,610
grass he brought in a comfortable chair

237
00:12:12,730 --> 00:12:09,499
he wanted to sit down and then he was

238
00:12:14,850 --> 00:12:12,740

able to chat so then he was able to talk

239

00:12:17,410 --> 00:12:14,860

to his friend and there was

240

00:12:20,350 --> 00:12:17,420

communication there was healing and it

241

00:12:22,389 --> 00:12:20,360

was wonderful so basically what I found

242

00:12:23,590 --> 00:12:22,399

over the years is if you can concentrate

243

00:12:27,549 --> 00:12:23,600

on these three things

244

00:12:31,329 --> 00:12:27,559

so that is belief if you can look at

245

00:12:34,660 --> 00:12:31,339

your beliefs like have a notebook by

246

00:12:37,059 --> 00:12:34,670

your bed and write down tonight I would

247

00:12:39,429 --> 00:12:37,069

like to talk to myself my higher wisdom

248

00:12:42,730 --> 00:12:39,439

about my beliefs I would like to examine

249

00:12:45,489 --> 00:12:42,740

them and let your dreams bring you some

250

00:12:48,699 --> 00:12:45,499

information about you then you can also

251

00:12:51,789 --> 00:12:48,709

write down I'd like to talk to my loved

252

00:12:54,759 --> 00:12:51,799

one my mom whatever and I've had this

253

00:12:58,030 --> 00:12:54,769

specific question so you write down I

254

00:13:00,639 --> 00:12:58,040

would like to know what my mom is doing

255

00:13:04,509 --> 00:13:00,649

on the other side right now and then let

256

00:13:07,090 --> 00:13:04,519

your dream bring it to you one drawback

257

00:13:09,759 --> 00:13:07,100

can be is if you think that by you

258

00:13:13,389 --> 00:13:09,769

writing it that day that they are going

259

00:13:16,950 --> 00:13:13,399

to respond that night they may not they

260

00:13:19,920 --> 00:13:16,960

may be busy because remember the

261

00:13:23,250 --> 00:13:19,930

client Tina her mom literally picked up

262

00:13:25,050 --> 00:13:23,260

the phone and called her but Tina didn't

263

00:13:27,720 --> 00:13:25,060

know to answer

264

00:13:30,540 --> 00:13:27,730

Tina thought it was a freaky thing so

265

00:13:32,610 --> 00:13:30,550

Tina didn't answer well a lot of times

266

00:13:35,250 --> 00:13:32,620

when you called at the other side they

267

00:13:37,500 --> 00:13:35,260

can be busy too sometimes they'll pick

268

00:13:39,450 --> 00:13:37,510

up an answer sometimes they'll answer

269

00:13:41,820 --> 00:13:39,460

you next week next month next year

270

00:13:44,790 --> 00:13:41,830

whatever but you just have to believe in

271

00:13:53,580 --> 00:13:44,800

yourself that it's possible and set that

272

00:13:57,870 --> 00:13:53,590

up so does this make sense to you all

273

00:14:01,470 --> 00:13:57,880

because if you have the belief and if

274

00:14:05,340 --> 00:14:01,480

you know that contact is possible from

275

00:14:08,120 --> 00:14:05,350

them to you from you to them and that

276

00:14:12,000 --> 00:14:08,130

you can help them on the other side and

277

00:14:16,500 --> 00:14:12,010

they can help you then your life can be

278

00:14:19,350 --> 00:14:16,510

so much richer and I'm in this business

279

00:14:23,760 --> 00:14:19,360

because I love seeing people transform

280

00:14:26,580 --> 00:14:23,770

and when they do their lives it's it's

281

00:14:29,460 --> 00:14:26,590

like a bigger community you could say

282

00:14:32,010 --> 00:14:29,470

it's not just those of us sitting in

283

00:14:34,470 --> 00:14:32,020

this room that are in physical bodies we

284

00:14:38,280 --> 00:14:34,480

have such a huge community to play with

285

00:14:42,360 --> 00:14:38,290

and it's a wonderful thing now one

286

00:14:47,100 --> 00:14:42,370

caveat is when you are dialing your

287

00:14:49,650 --> 00:14:47,110

loved one you want to make sure you dial

288

00:14:52,800 --> 00:14:49,660

the right number right so in other words

289

00:14:55,440 --> 00:14:52,810

you don't want to just say hey I'm I'm

290

00:14:58,140 --> 00:14:55,450

dialing the ethers to talk to whoever's

291

00:15:01,050 --> 00:14:58,150

out there because if you've got you know

292

00:15:04,200 --> 00:15:01,060

Uncle Jack and you want to talk to Uncle

293

00:15:07,110 --> 00:15:04,210

Jack but you're like Jack or any Jack

294

00:15:09,360 --> 00:15:07,120

I'll talk to any Jack any Jack could be

295

00:15:11,430 --> 00:15:09,370

the guy who's now living at the federal

296

00:15:13,710 --> 00:15:11,440

penitentiary or who used to live there

297

00:15:15,720 --> 00:15:13,720

and now is on the other side you may not

298

00:15:19,080 --> 00:15:15,730

want to talk to him so you want to be

299

00:15:21,840 --> 00:15:19,090

specific and and then you want to hold

300

00:15:37,030 --> 00:15:21,850

yourself in love and that's what I found

301
00:15:47,840 --> 00:15:40,400
good question how do you reconcile these

302
00:15:51,050 --> 00:15:47,850
three steps with religious beliefs so as

303
00:15:53,210 --> 00:15:51,060
you saw religious beliefs basically

304
00:15:58,819 --> 00:15:53,220
structure what your reality is like

305
00:16:01,490 --> 00:15:58,829
right so when you so this is my

306
00:16:04,550 --> 00:16:01,500
experience and somebody who is religious

307
00:16:07,749 --> 00:16:04,560
super super religious we'll probably not

308
00:16:12,230 --> 00:16:07,759
call me unless they're super desperate

309
00:16:16,220 --> 00:16:12,240
so but I have still had people who are

310
00:16:18,170 --> 00:16:16,230
quite religious be fine because they if

311
00:16:21,170 --> 00:16:18,180
they can see how their beliefs affect

312
00:16:23,509 --> 00:16:21,180
their reality and if they only believe

313
00:16:27,319 --> 00:16:23,519

that you go to heaven you play a harp

314

00:16:31,819 --> 00:16:27,329

and that's that then they may not be as

315

00:16:33,559 --> 00:16:31,829

open to hearing right the options on the

316

00:16:35,900 --> 00:16:33,569

other side are that you can create your

317

00:16:40,850 --> 00:16:35,910

options so their beliefs are going to

318

00:16:42,740 --> 00:16:40,860

totally affect it but then if they're

319

00:16:45,410 --> 00:16:42,750

hurting and they want to connect you see

320

00:16:54,430 --> 00:16:45,420

their mom motivated to make some shifts

321

00:17:01,840 --> 00:16:58,150

is pretty easy if that's the case why

322

00:17:06,960 --> 00:17:01,850

can't they write a letter why can't they

323

00:17:10,899 --> 00:17:06,970

use Morse code with the lights you know

324

00:17:13,870 --> 00:17:10,909

turning them on ma why why is why is the

325

00:17:15,789 --> 00:17:13,880

communication so foggy what can be made

326

00:17:22,449 --> 00:17:15,799

more clearer thinking physically

327

00:17:30,580 --> 00:17:22,459

manifest what's happening is working

328

00:17:36,100 --> 00:17:30,590

with something called a cell phone great

329

00:17:37,539 --> 00:17:36,110

question so it is kind of like in this

330

00:17:39,669 --> 00:17:37,549

world you've got some people who are

331

00:17:44,549 --> 00:17:39,679

excellent at mathematics and some people

332

00:17:49,120 --> 00:17:44,559

who are excellent at art right so you

333

00:17:52,720 --> 00:17:49,130

for example when my mother died she a

334

00:17:56,680 --> 00:17:52,730

couple of days later she came to me and

335

00:18:01,180 --> 00:17:56,690

woke me up and she got in my face and

336

00:18:03,549 --> 00:18:01,190

she said are you in there and she scared

337

00:18:05,620 --> 00:18:03,559

the bejesus out of me and I have made an

338

00:18:07,419 --> 00:18:05,630

agreement with her before she left to

339

00:18:10,090 --> 00:18:07,429

communicate with her on the other side

340

00:18:12,460 --> 00:18:10,100

and I expected her to recuperate for a

341

00:18:16,480 --> 00:18:12,470

while you know but I did not expect this

342

00:18:19,899 --> 00:18:16,490

so when she came at me like that she was

343

00:18:22,659 --> 00:18:19,909

using all the energy she had to express

344

00:18:25,690 --> 00:18:22,669

to me now my belief was open I was

345

00:18:27,520 --> 00:18:25,700

waiting and willing to see her she knew

346

00:18:29,730 --> 00:18:27,530

she wanted to do this so there was

347

00:18:32,710 --> 00:18:29,740

motivation and intention on both sides

348

00:18:36,460 --> 00:18:32,720

but it was a challenge for her after

349

00:18:39,100 --> 00:18:36,470

that she rang the doorbell she put off

350

00:18:42,840 --> 00:18:39,110

her smoke alarms she did a variety of

351

00:18:45,190 --> 00:18:42,850

things perfume in the air but it takes a

352

00:18:47,380 --> 00:18:45,200

you know let's say the person on the

353

00:18:49,720 --> 00:18:47,390

other side if they don't know that they

354

00:18:52,570 --> 00:18:49,730

can contact you a lot of them are

355

00:18:56,560 --> 00:18:52,580

walking in a fog and so they're not

356

00:18:58,200 --> 00:18:56,570

motivated to do it some ghosts are

357

00:19:02,110 --> 00:18:58,210

motivated because they're up to no good

358

00:19:04,450 --> 00:19:02,120

but your loved one sometimes they're so

359

00:19:06,250 --> 00:19:04,460

subtle like it can be a thought it can

360

00:19:06,710 --> 00:19:06,260

be just like a wisp of a thought through

361

00:19:08,870 --> 00:19:06,720

your mom

362

00:19:10,190 --> 00:19:08,880

and you're thinking I wonder why I had

363

00:19:11,750 --> 00:19:10,200

that thought that's so weird

364

00:19:15,710 --> 00:19:11,760

that's your loved one so you want to

365

00:19:17,659 --> 00:19:15,720

look for the subtle signs yes thank you

366

00:19:22,539 --> 00:19:17,669

and for your sharing your methodology

367

00:19:26,450 --> 00:19:22,549

forward to reading your book to say by

368

00:19:29,990 --> 00:19:26,460

stating that I am to survive many years

369

00:19:31,580 --> 00:19:30,000

and communication I think that these

370

00:19:33,590 --> 00:19:31,590

types of unmediated

371

00:19:35,419 --> 00:19:33,600

experiences are the strongest ones of

372

00:19:39,380 --> 00:19:35,429

the often the most evidently she wants

373

00:19:43,600 --> 00:19:39,390

to sort out but maybe not know and the

374

00:19:45,500 --> 00:19:43,610

communication and going back to Julie's

375

00:19:49,190 --> 00:19:45,510

presentation about the importance of

376

00:19:50,779 --> 00:19:49,200

language and how we describe events in

377

00:19:52,070 --> 00:19:50,789

this field and the fact that there's

378

00:19:53,899 --> 00:19:52,080

energy and vibration and all this

379

00:19:57,440 --> 00:19:53,909

terminology that has very different

380

00:19:59,750 --> 00:19:57,450

meanings I would just caution that in my

381

00:20:03,430 --> 00:19:59,760

experience of setting physical phenomena

382

00:20:06,560 --> 00:20:03,440

over the past 25 years I think the

383

00:20:10,159 --> 00:20:06,570

relationship between a spirit and these

384

00:20:11,960 --> 00:20:10,169

physical effects is pretty tenuous in

385

00:20:14,149 --> 00:20:11,970

terms of cause and effect I don't think

386

00:20:15,710 --> 00:20:14,159

that the problem is we don't know the

387

00:20:17,600 --> 00:20:15,720

language enough that once people buy

388

00:20:18,740 --> 00:20:17,610

into the fact that there is survival

389

00:20:22,279 --> 00:20:18,750

there is life after death the spirit

390

00:20:25,340 --> 00:20:22,289

communication they jump to the

391

00:20:28,740 --> 00:20:25,350

conclusion that his spirit is actually

392

00:20:30,240 --> 00:20:28,750

when the language I think and we really

393

00:20:33,590 --> 00:20:30,250

lack the language the language should be

394

00:20:37,080 --> 00:20:33,600

more that spirit is taking advantage of

395

00:20:39,590 --> 00:20:37,090

circumstances where human living beings

396

00:20:42,540 --> 00:20:39,600

are able to provide the energy as in

397

00:20:51,780 --> 00:20:42,550

spiritual circles or creation of a

398

00:21:04,880 --> 00:20:51,790

poltergeist that's the language we just

399

00:21:13,200 --> 00:21:09,060

that's great I'm not a scientist so I

400

00:21:15,210 --> 00:21:13,210

just help people heal emotionally I do

401
00:21:19,200 --> 00:21:15,220
know though that when I gave a talk

402
00:21:21,390 --> 00:21:19,210
about a year and a half ago and the

403
00:21:24,930 --> 00:21:21,400
gentleman in the audience was wanting to

404
00:21:28,560 --> 00:21:24,940
talk to his beloved wife who died and he

405
00:21:31,530 --> 00:21:28,570
said she brings me dimes to know that

406
00:21:33,780 --> 00:21:31,540
I'm that she's okay and he said they

407
00:21:35,310 --> 00:21:33,790
appear on the street you know they're

408
00:21:37,440 --> 00:21:35,320
pure wherever so you could say oh yeah

409
00:21:39,660 --> 00:21:37,450
he's just seeing as times it's

410
00:21:43,410 --> 00:21:39,670
meaningless he's just putting meaning to

411
00:21:47,310 --> 00:21:43,420
it but after that talk within minutes I

412
00:21:51,150 --> 00:21:47,320
walked out of the room and a dime fell

413
00:21:54,390 --> 00:21:51,160

from the ethers hit my toe and clinked

414

00:21:56,700 --> 00:21:54,400

on this pavement in front of me and I'm

415

00:21:58,380 --> 00:21:56,710

like holy cow I've never been paid by

416

00:21:58,980 --> 00:21:58,390

spirit before you know this is pretty

417

00:22:02,460 --> 00:21:58,990

cool

418

00:22:04,650 --> 00:22:02,470

and and so then I asked and she said I

419

00:22:07,260 --> 00:22:04,660

just wanted you to know how important it

420

00:22:09,900 --> 00:22:07,270

was for me that you talked to my husband

421

00:22:12,510 --> 00:22:09,910

and helped him today so I got that

422

00:22:16,110 --> 00:22:12,520

message intuitively you could take it

423

00:22:20,580 --> 00:22:16,120

however you like but for me I thought

424

00:22:23,160 --> 00:22:20,590

that was pretty cool and so I just I'm

425

00:22:27,650 --> 00:22:23,170

not the scientist so that's up to others

426

00:22:32,460 --> 00:22:30,330

experience being so direct again I think

427

00:22:50,000 --> 00:22:32,470

it's probably a human effect that's

428

00:22:59,340 --> 00:22:55,890

I wonder on safety questions I wondered

429

00:23:03,270 --> 00:22:59,350

if the recently departed have kind of a

430

00:23:05,490 --> 00:23:03,280

stronger resonance than someone who say

431

00:23:06,780 --> 00:23:05,500

has been dead for perhaps a decade or

432

00:23:08,760 --> 00:23:06,790

long or something like that it's

433

00:23:10,920 --> 00:23:08,770

something that I felt like I may have

434

00:23:13,740 --> 00:23:10,930

noticed when I've attempted to

435

00:23:15,900 --> 00:23:13,750

communicate with the recently departed

436

00:23:22,350 --> 00:23:15,910

loved ones that it seems like the signal

437

00:23:25,860 --> 00:23:22,360

is stronger and the second part of my

438

00:23:28,700 --> 00:23:25,870

question was do you recommend any tools

439

00:23:31,740 --> 00:23:28,710

of any kind for example automatic

440

00:23:36,250 --> 00:23:31,750

writing or using boards of any kind like

441

00:23:42,120 --> 00:23:39,020

[Music]

442

00:23:44,460 --> 00:23:42,130

okay so I agree those who are more

443

00:23:46,230 --> 00:23:44,470

recently departed depending upon the

444

00:23:49,650 --> 00:23:46,240

situation again remember there was that

445

00:23:51,510 --> 00:23:49,660

one client who had the friend who was

446

00:23:53,160 --> 00:23:51,520

her daughter who didn't even know she

447

00:23:54,870 --> 00:23:53,170

was dead yet right so then they go

448

00:23:56,430 --> 00:23:54,880

through kind of a recuperation phase on

449

00:23:58,260 --> 00:23:56,440

the other side so if they're involved in

450

00:24:01,350 --> 00:23:58,270

that it may not be as direct a

451
00:24:04,530 --> 00:24:01,360
communication for awhile but I would say

452
00:24:06,900 --> 00:24:04,540
yes you find the energy dissipates over

453
00:24:10,140 --> 00:24:06,910
time particularly if let's say they've

454
00:24:11,970 --> 00:24:10,150
taken their energy and incarnated into

455
00:24:14,220 --> 00:24:11,980
another physical body or created another

456
00:24:16,260 --> 00:24:14,230
physical experience for themselves so

457
00:24:21,660 --> 00:24:16,270
they're less available on the other side

458
00:24:23,670 --> 00:24:21,670
I found that as for tools we've written

459
00:24:26,130 --> 00:24:23,680
three books that are at the back there's

460
00:24:30,360 --> 00:24:26,140
some tools in the back some exercises I

461
00:24:34,830 --> 00:24:30,370
highly recommend dreamwork because if

462
00:24:36,780 --> 00:24:34,840
you can write a question and then ask

463
00:24:39,690 --> 00:24:36,790

for the dream and then the next

464

00:24:44,010 --> 00:24:39,700

write it down then they know oh he's

465

00:24:47,310 --> 00:24:44,020

open to receiving right so then you've

466

00:24:49,790 --> 00:24:47,320

opened the communication but again the

467

00:24:51,900 --> 00:24:49,800

more you do it I wouldn't recommend

468

00:24:53,550 --> 00:24:51,910

Ouija boards or things because again

469

00:24:55,650 --> 00:24:53,560

then you're opening up to god-knows-what

470

00:25:01,980 --> 00:24:55,660

and you want to keep it specific and

471

00:25:09,840 --> 00:25:01,990

held in love that's my experience thank